

Welcome to Jaeger House





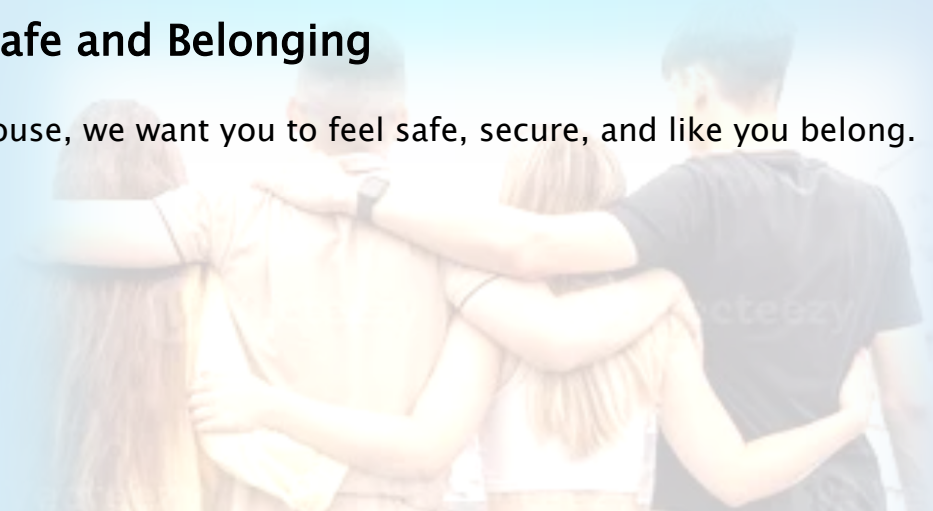
Welcome to Jaegar House!

Hi there!

Welcome to Jaegar House, a safe and friendly home for teens like you. Whether you're staying with us for a short time or longer, we want you to feel safe, happy, and heard.

Feeling Safe and Belonging

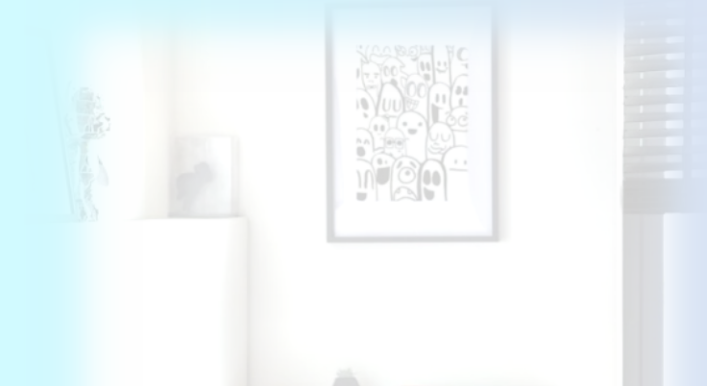
At Jaegar House, we want you to feel safe, secure, and like you belong.



- * This is your home, your ideas and opinions matter
- * We want you to influence decisions about life in the house from activities to house rules and day-to-day routines
- * We want you to feel like a valued part of the Jaegar family
- * If you have a worry that you don't feel able to tell us about – we want you to speak to a trusted adult so they can help you straight away.

Your Own Space

At Jaegar House, you will:



- * Have your own bedroom key, your room is your private space
- * Be helped to personalise your room so it feels like your own home
- * Get support to keep your room tidy and clean,
because a clean space helps you feel calm and comfortable

We also really want you to help care about your and can

help by completing some weekly chores, like:

- * Helping in the kitchen or preparing dinner
- * Tidying up or helping with cleaning tasks
- * Gardening or DIY tasks
- * Helping keep the cars clean

We enjoy giving you extra rewards when you help and contribute to looking after your home!

We Understand Change Can Be Hard

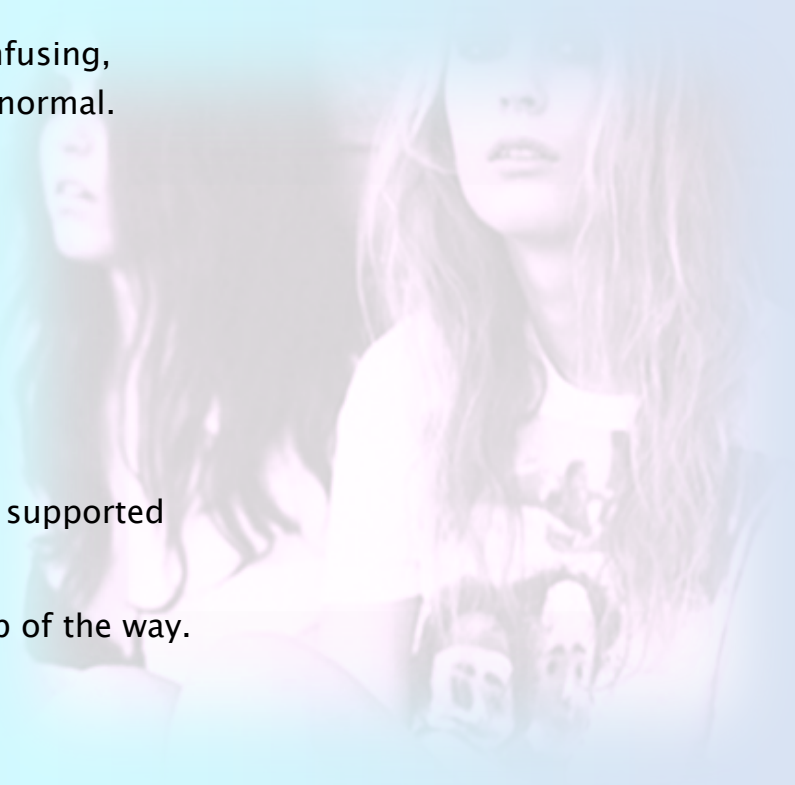
Moving to a new home can feel scary, confusing, or overwhelming – and that's completely normal.

At Jaegar House, we really want to make your move as smooth as possible.

We will:

- * Listen to your worries and questions
- * Help you settle in quickly
- * Make sure you feel safe, secure, and supported

Remember, we are here for you every step of the way.



Who We Are

At Jaegar House, we care about you,
your feelings, and your future.

Our team is here to:

- * Keep you safe and supported
- * Help you learn new skills
- * Make sure your voice is heard every day



We are expected to follow high expectations to make sure we are providing you with the best care. This means that we are inspected by Ofsted and the local authorities from time to time who want to check in to see how you are getting on. They really like to speak to you when they visit to see how things are going, if this is okay with you.

Understanding Behaviour

We understand that behaviour

is a way



are feeling.... of communicating how you

At Jaegar House, we want to:

- * Understand everything about you, your feelings, your experiences, and what makes you unique
- * Learn with you, involve you in deciding the best ways to respond when you are upset or overwhelmed
- * Help you find safe ways to regulate your feelings, strategies to calm down, cope, or express yourself safely

- * We work with you, not against you, to make sure your needs are understood and met.

Your Education

At Jaeger House, we'll help you take control of your learning. We work with you to build confidence, discover your strengths, and make education something you can succeed in.

We will make sure you have everything you need to learn whether this is in a school or college setting or a bespoke package of support that is right for you...

Consequences and Learning

There may be times when things go wrong, and a consequence may be needed. Consequences are about helping you learn from your mistakes. We all make mistakes, it's what we learn from them that really makes a difference!

You will be involved in discussions before agreeing on a consequence.

Consequences could include:

- * Saying sorry or making amends
- * Giving something back or spending time to repair the situation
- * Performing a gesture to fix things

The aim is to learn from situations and make things better.



Learning and Growing

Start
where you
are.
use what

Sometimes things

don't go as planned,

that's okay, it

happens to everyone Life is about learning from mistakes and making

positive changes, and we are here

to help you to do that!

At Jaegar House, if something doesn't go well, we will.....

- * Talk with you about what happened
- * Understand if there is a better way to support you next time

- * Help you reflect, learn, and grow from experiences



my house
my rules

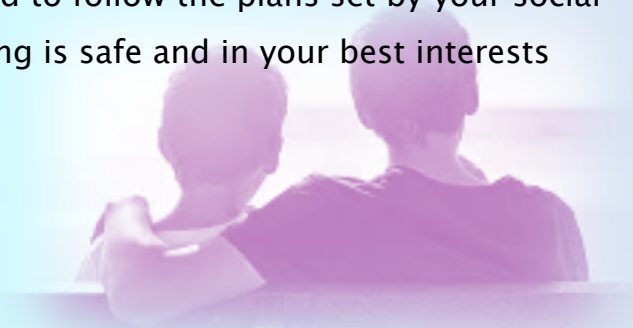
We do have rules and expectations,

but they are not there to annoy you, but to help you!

- * Following rules helps everyone to feel safe!
- * Learning about limits helps us to succeed – rules and expectations are part of life!
- * Rules give us a focus, structure, and promote fairness!
- * Respect is earned and is a two-way process!

Seeing your Family, friends and your Social Worker

We recognise how important your family and friends are, we will help you stay in contact with them, but we need to follow the plans set by your social worker. This is to make sure everything is safe and in your best interests while also considering your wishes.



Your social worker will visit regularly to:

- * See your bedroom and check that you're comfortable
- * Talk one-to-one about how things are going for you
- * Make sure you're supported and safe

Money, Allowances, and Rewards



At Jaegar House, you will have various allowances and pocket money to help you:

- * Buy new clothes and toiletries
- * Get your haircuts
- * Reward yourself for your efforts and achievements
- * We also save £10 each week for your future, so you have a start on something for when you grow up

We believe it's important to celebrate your progress, and rewards are a way to recognise all your efforts!

Emotional Support and Therapy

We recognise that you might need extra support to talk about how you feel, any worries, and provide you with space to make sense of your experiences.



After you have settled in and if you would like to we can arrange for you to speak to someone outside of the home. Therapy is confidential and can be a helpful and safe space to talk about whatever you want to. We will help find the right person for you and support you to go and see them.

Worries or Complaints

If you have any worries or concerns, we are here to listen. No problem is too small — we want to help. We will try to sort things quickly. If we can't, we will help you make a complaint and speak to a manager or your social worker so you get the support you need.

If you don't feel able to talk to us, you can speak to your social worker, a trusted adult, or contact the people below.

Ofsted – They help make sure places are safe for children. Contact them if you feel unsafe, you're worried about how someone is being treated, something doesn't feel right

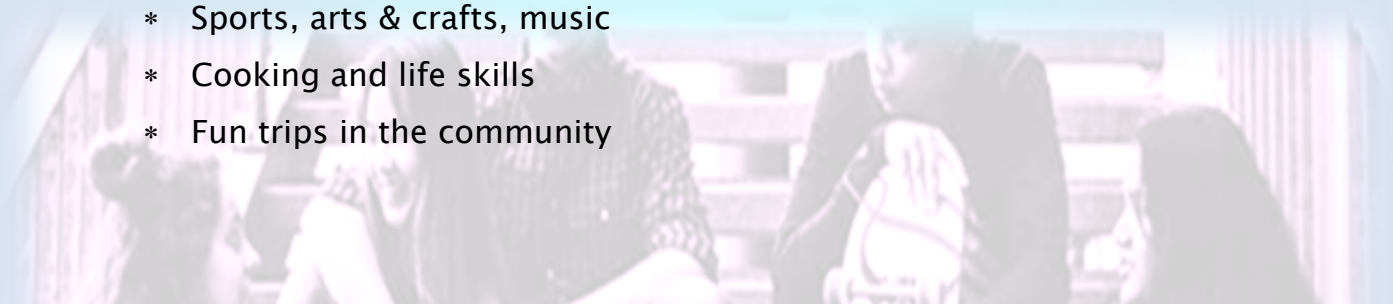
☎ 0300 123 3155 or email at whistleblowing@ofsted.gov.uk

Children's Commissioner – They listen to children and help your voice be heard. Contact them if, you feel no one is listening, you want help to speak up, you have worries about your rights.

☎ 020 7783 8330 or visit the website at childrenscommissioner.gov.uk

Activities & Hobbies

- * Sports, arts & crafts, music
- * Cooking and life skills
- * Fun trips in the community



- * Chill time – movies, games, or just hanging out
- * Health & Wellbeing
- * Regular check-ups with nurses, doctors, or therapists
- * Support for mental health and emotional wellbeing
- * Healthy meals and snacks

Your Voice Matters

We want you to be heard:

- * Regular house meetings where you can share ideas and make decisions
- * Independent visitors (Reg 44) who check your safety
- * Advocates who support you when you want to speak up
- * Complaints process that is clear, safe, and private

“Jaegar House is YOUR home”

A place to learn, grow, have fun, try new things, and be yourself.

We want you to feel safe, belong, have an influence, and feel proud to be part of the Jaegar family.

Life is about learning, reflecting, and making positive change and we are here to help you do just that!

